



MONTESSORI FOR DEMENTIA AND AGEING (MDA)

Two-day Workshop Programme

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| Montessori for All Ages | <ul style="list-style-type: none"> • Who was Dr Maria Montessori? • What is the Montessori philosophy of education? • From the classroom to the aged care centre • What does a Montessori Environment in aged care mean? |
| The Person | <ul style="list-style-type: none"> • Seeing the person, not the disease • The 3W's – a model to follow • Personal and social profiles • Strengths of a person living with dementia • Preventing Excess Disability |
| The Disease | <ul style="list-style-type: none"> • Understanding the impact of dementia • Living with a neurocognitive disorder • Ruling out depression, delirium, pain • Responsive behaviours |
| Memories in the Making | <ul style="list-style-type: none"> • How memory works • Declarative and Procedural memory • How to support memory loss |
| Spaced Retrieval Step by Step | <ul style="list-style-type: none"> • Learning is possible in dementia • Why Spaced Retrieval works • Implementing the evidence based memory strategy |
| The Prepared Environment | <ul style="list-style-type: none"> • Design guidelines for dementia • Visual Cues • Scheduling & routines • Activity areas • Interactive wall spaces • Roles |
| The Culture | <ul style="list-style-type: none"> • Old practices • Montessori as a non-pharmacological intervention • Employing for Emotional Intelligence • Good Leadership • Developing teams |
| The Methodology | <ul style="list-style-type: none"> • Importance of Activities • What is a Montessori activity? • Classes of Montessori activities • DEVELOP an activity • INTRODUCE an activity • Expansion & Extension of activities |
| Group Activities | <ul style="list-style-type: none"> • Montessori Book Clubs • Beyond Bingo • Toss It |
| Bringing it all together | <ul style="list-style-type: none"> • How to make your care community more Montessori focused • Putting Montessori into action • How to be a Montessori mentor • One step at a time - moving culture change forward |
| Montessori Demonstrations | <ul style="list-style-type: none"> • Case studies • Opportunities for student practice |